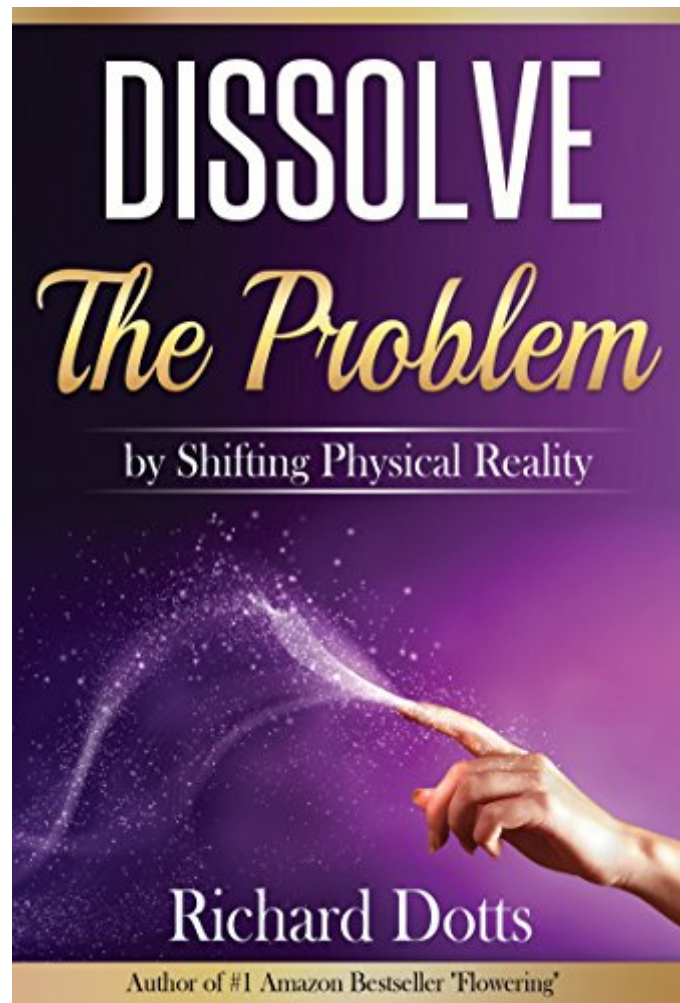


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# Dissolve The Problem: By Shifting Physical Reality



## Synopsis

Why solve a problem when you can dissolve it? In *Dissolve The Problem*, bestselling author and spiritual explorer Richard Dotts tackles one of the most pertinent aspects of everyday living—how to deal with the myriad of “problems” that we face in our daily lives. Be it financial, health, relationship, family or career problems, Richard puts forth the groundbreaking premise that some problems are so persistent in our lives precisely because we have attempted to “solve” and analyze them for so long. In the process, we have inevitably come to identify ourselves as inseparable from these various issues in our life. In his trademark style that has endeared him to readers worldwide, Richard masterfully weaves in spiritual principles to explain why our conventional ways of “solving” a problem have actually led to more disappointments than successes. He shows us why anytime we attempt to solve a problem by working through it or finding out the reasons for it, we unknowingly perpetuate its existence in our everyday reality. As Richard puts it, “If all your hard work could have led to a solution, you would have found it already. Perhaps there is a better way.” Richard explains that the only permanent way is to dissolve a problem completely using spiritual means. Dissolving a problem means letting it go so completely from your life that the original conditions which created the problem cannot even exist. By tapping into these powerful Universal Laws that have always been available to us, we can instantly shift into a realm where the initial problem does not even exist. When there are no problems, then there is no need for physical solutions in the first place. When dissolving longstanding problems in our lives, Richard teaches that it does not matter what the specifics of your problems are. It does not matter whether you are faced with financial, health or relationship concerns. Neither does it matter how long you’ve had these problems for. The Universe perceives none of the physical limitations of time and space that are apparent to you. The Universe is never interested in the specifics of your problem. Therefore, these steps to dissolve a problem apply equally to all issues. In this new book, Richard teaches a powerful three-step process that allows anyone to dissolve the longstanding problems in their lives. This three-step process is so different from other outward-oriented techniques because it is not about positive thinking, denial, acting “as if,” or analyzing the problem in great detail. Instead, the dissolving process sidesteps all this and directly focuses on our primary roles as powerful creators and focusers of Universal energy. When you understand your role as a director of Universal energy, you will instantly be able to redirect these creative energies from the undesired to the desired aspects of your life. What happens then, is a spontaneous dissolving of the various issues in your life without your active intervention.

## Book Information

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## Customer Reviews

This is a great book. Yes, it is a little repetitive in the first part of the book BUT RD really hit home his point in the second half of the book. I have read most of RD's books and I love them. Before reading this book I was struggling a lot. My emotions were all over the place and everything seems to be going very wrong. At first, I didn't want to read another manifestation book but I was inspired to read this one. After reading this book I realized that I wasn't completely holding fast to what I was learning. What I did was read his books and many books like RD's and only use the techniques when I really really needed something. Yes, I meditate every day but not with a clear purpose. At first, I was a little frustrated reading this book. As I was reading I turned to my husband sitting next to me and said It sounds like he wants me to be in this altered state 24/7. How is that even possible when my emotions are all over the place right now? My husband said it is very possible if you stay in an altered state a little bit at a time until you reach 24/7 (this is the point RD makes in his book). What he is talking about in his book is like body building. If you want to be able to bench press 300 lbs you don't go to the gym starting with 300 lbs, you start with the lowest weight first until you reach 300 lbs. Also, You can't go to the gym for the first few weeks then stop going for months

thinking you can go back and start where you left off. Most times you have to go back and start all over again if you are not consistent. Being in an altered state like RD is talking about is the same way. You have to make it a part of your everyday life •.This is what I was missing.

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